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### ABSTRACT

#### **PSYCHIATRIC NURSING PLAN CARE FOR Mr. A WITH SOCIAL ISOLATION DISORDER: SELF-ISOLATING IN PUSKESMAS MARGAJAYA TANJUNGSARI SUMEDANG JAWA BARAT**

The illustration based on WHO research (2009) shows that the prevalence of mental health disorder is relatively high, with about 10 % of adult suffering mental disorder and about 25 % of world's citizens is estimated to suffer mental disorder in a certain age of their life. According to the record, in July 2018 there are 37 mental disorder cases occurring in Puskesmas Margajaya. The aim of this paper writing is to let the writer conduct a nursing care process comprehensively covering bio-psycho-socio-spiritual aspects with nursing process approach. In writing this paper, the writer used descriptive method, in which the sample was Mr.A, while the data collecting process was done through interview, observation and checking patient's status data : after three days of assessment, the diagnosis found was Social Isolation : self-isolating. After the implementation of nursing plan care for three days, client was able to overcome his fear of getting rejection when trying to communicate with others, client started taking the needed medication to optimize healing process. Based on the result of this paper writing, thus the writer concludes that when giving nursing care to patient with social isolation: self-isolating, continuous approach is highly demanded.

Bibliography : 10 books (1998-2012), 1 website