

SPIRITUALITY NEEDS OF ELDERLY AND CHRONIC DISEASE: LITERATURE REVIEW

'Heni Purnama, MNS¹, Nyayu Nina Putri Calisani S.Kep., Ners., M.Kep², Eva Sri Rizki Wulandari³

Correspondence Author: zumal123@gmail.com

ABSTRACT

Background: *Spiritual needs are a basic need for each individual to seek life goals, meaning life to love and be loved. **Objective:** The purpose of this study was to summarize the results of studies on the needs of spirituality in the elderly with chronic illness. The research method was is literature review with a total of six articles. Articles obtained from three databased sources namely Google Scholar, Pubmed and Microsoft Academi, published in 2016-2020. Used in those articles were SpNQ (Spirituality Needs Quesstionaire) which had a reliability value of 0.71 to 0.87. Inclusion criteria population in article was elderly (age) ≥ 60 years, who suffered chronic diseases, article in Indonesian-language and English language with quantitative descriptive research design, and free full text. Article measured using JBI (The Joanna Briggs Institute Critical Appraisal Tools) format. **Result:** The results showed that the needs of spirituality needed by the elderly were different such as religious, inner peace, existential and needs giving. **Conclusion:** The conclusion of this research was that spirituality can be used as a source of strength in the elderly when suffering from chronic illnesses, so that the higher the needs for spirituality are met, the elderly are able to achieve their potential and quality of life.*

Keywords: *Spirituality, Elderly, Chronic Disease, SpNQ and Quantitative*